

GENERAL INSTRUCTIONS

- Wash with antibacterial soap and water and pat dry with a clean, dry cloth.
- Contact lenses should not be worn until the swelling subsides.
- Do not resume any method of eyelash coloration or tinting for at least two weeks.
- Do not use eyelash curlers during the healing process
- Apply ice to minimize swelling the day of and 1 day after procedure.
- When the area starts to flake, leave it. Do not pick, peel or pull on the skin.
- Apply a thin coat of Aquaphor® or white petroleum (such as Vaseline®) or fragrance free lotion to the area twice a day for 3-4 days, before showering and after cleansing.
- Sleep on a clean pillowcase
- Always check healing products for ingredients to which you may be allergic to before applying.
- Avoid sweating such as from vigorous exercise for 24 hours.
- For at least one week post-procedure or until healing is complete (whichever is longer):
 - Keep your hands clean and avoid touching the affected area(s).
 - Do not scrub or pick treated areas.
 - Do not use peroxide or Neosporin on treated areas.
 - Do not expose area to direct sun or to tanning beds.
 - Avoid exposing the area excessive moisture or humidity, such as: facials, swimming, whirlpools (hot tubs), saunas, steam rooms, and steamy showers
- Avoid Retin-A, moisturizers, glycolic acids, exfoliants and anti-aging products at all times (not just during healing) on all Micro Pigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, sun, chlorine spas and pools, soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed.
- Pigments will slowly fade over time according to one's metabolism, skin type, sun exposure, medication, facial surgery, and smoking. Schedule maintenance visits as needed to keep it looking fresh.
- Periodic touch ups will ensure longer lasting results.



MICRO PIGMENTATION

Micro Pigmentation (semi-permanent makeup) procedures are affected by the "canvas" (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is always applied conservatively because every person's skin is different and the final color can only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the Micro Pigmentation process is not complete after the initial procedure. In all cases, a follow-up appointment is required approximately 30 days after your initial application to fine tune and ensure the best result.

AFTER CARE

- Keep moist with Aquaphor or white petroleum or Liprotek for the next 5-7 days
- Switch to lip balm or lipstick with an SPF of 15 or greater. Sun tends to fade lip color quickly.
- Lips may appear to have too much color in the days following the procedure. You may add makeup to soften the color.
- Scars on the lips from fever blisters cause pigment removal. See our *Pre-Procedure Instructions* for lips.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage, or oozing, contact your doctor immediately.



LIP MICRO PIGMENTATION

HEALING SCHEDULE

MICRO PIGMENTATION

If you've never had Micro Pigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

TEMPORARY SIDE EFFECTS

Temporary side effects from Micro Pigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.

WHAT TO EXPECT:

You should expect to lose approximately 1/3 of the initial color during the healing process. Laurelle has selected the optimal pigment colors for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed. The final color can only be precisely determined and adjusted during your touch-up appointment once the initial procedure has healed completely.

HEALING SCHEDULE

Day 1

The eyes will be swollen and sore, like you have been crying, with a heavier eye makeup look. For the first 3-4 days, the color is darker than it will appear when healed. Apply a light gloss of Aquaphor® or white petroleum jelly (Vaseline®) sparingly to the treated areas with a clean fingertip. Too much ointment makes the swollen area too wet. Use the ointment in the morning and evening. A third application is fine if needed, but don't over use. Clean the eyes in the evening with clean water and a tissue.

Day 2

The eyelids are swollen for a few hours after waking up, still with heavier makeup look. When you wake up, refresh the treated area with cool water. Tissue dry and re-apply ointment. The eyes will be swollen and sore but will get better throughout the day. In the evening, gently cleanse with cool water, tissue dry, and re-apply ointment.

Day 3

Swelling decreases but is not gone entirely. There is a tight feeling. The top layers of skin begin to lift away. The soreness will become less as the treated area begins to exfoliate. A rough texture appears on the skin. Use a small amount of ointment if needed.

Day 4

There is a pinching feeling. Some itching is normal as the skin begins to flake. When the eyeliner area begins to exfoliate, **do not pick at it!** Discontinue ointment. It will flake off with the movement of the eye.

Day 5

Color is somewhat grayish and will take a few more days to clarify to full color. The pigmented area begins to shrink and soften in size and color over the next few days. Exfoliation completes. The color will appear a bit "frosty," but will clarify in a few days.

Day 6

The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.

Day 10

The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.

Client Name (Please print legibly)

Client Signature

Date

Practitioner statement:

I have personally reviewed the above information with my client or client's representative.

Practitioners Signature

Date